

## Moor House School & College

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## **PSHCE - Summer Term**

15th May 2025

Dear Parents and Carers.

As part of the curriculum entitlement, your child will learn about puberty during their PSHCE (Personal, Social, Health, Citizenship and Economic Education) lessons next half term.

All PSHCE lessons at Moor House take place within the guidelines received from the Department for Education and the school's Sex and Relationships Education Policy, which has been approved by the governing body of the school.

Next half term, your child's PSHCE lessons plan to cover:

- key facts about puberty and the changing adolescent body, particularly from age
  9 through to age 11, including physical and emotional changes.
- about menstrual wellbeing including the key facts
- that each person's body belongs to them, and the differences between appropriate and inappropriate contact.

Please contact your child's tutor if you would like further information regarding what will be taught.

Your support and co-operation will be greatly appreciated, as it is very possible that your child may discuss some of the issues raised at school or college when at home with you. At Moor House, we always aim to answer students' questions as honestly and accurately as possible; it is important that parents and carers support us in this endeavour.

Yours sincerely,

Natascha Fulford

Director of Learning for PSHCE, RE, History and Geography





Patron: HRH The Duchess of Edinburgh GCVO