



## Moor House School & College

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Dear Parents/Carers

### **FOOD INTOLERANCE AWARENESS FOR THE SPONSORED WALK**

I do hope that this email finds you well and looking forward to our Sponsored Walks this coming Friday. Can I remind you that if you are planning on bringing your own lunch to eat upon your return from the walk, that we are a **NUT FREE SCHOOL & COLLEGE** and therefore you are not permitted to bring onsite any foods which contain nuts or have been prepared in an environment which cannot be guaranteed as nut free. We have a number of students who are severely allergic to nuts so please follow this guidance while you are on the walk too.

Moor House wholly accepts its legal duty to comply with the Food Safety Act 1990 and all subordinate legislation. As an organisation we recognise that a number of community members (students, parents, visitors and staff) may suffer from potentially life-threatening allergies or intolerances to certain foods. Moor House is committed to a whole school approach to the care and management of those members of the Moor House community. Our position is not to guarantee a completely allergen free environment, rather to minimise the risk of exposure by hazard identification, instruction and information. This will encourage self-responsibility to all those with known allergens to make informed decisions on food choices. It is also important that Moor House has robust plans for an effective response to possible emergencies. Moor House is committed to proactive risk food allergy management through:

- The encouragement of self-responsibility and learned avoidance strategies amongst those suffering from allergies
- The establishment and documentation of a comprehensive management plan for menu planning, food labelling, stores and stock ordering and customer awareness of food produced on site
- Provision of a staff awareness programme on food allergies/intolerances, possible symptoms (anaphylaxis) recognition and treatment



Patron: HRH The Duchess of Edinburgh GCVO



The intent is to minimise the risk of any person suffering allergy-induced anaphylaxis, or food intolerance while at Moor House. Guidance is provided for staff to ensure they are properly prepared to manage such emergency situations should they arise.

The allergy to nuts is the most common high-risk allergy and, as such, demands more rigorous controls and as previously stated, Moor House has a strict 'no nut' policy. However, it is important to ensure that all allergies and intolerances are treated equally as the effect to the individual can be both life-threatening and uncomfortable, if suffered. We would be grateful if you could adhere to this and think carefully about the food which you are bringing onto the school site.

Do have an enjoyable day and let's hope for the sunshine!

**Kind regards,**

**Stephanie Williams,  
Deputy Head Teacher, Head of Literacy,**



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