



Moor House School & College

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Dear Parents and Carers,

## Relationships and Sex Education (RSE)

As part of the normal curriculum entitlement, your child will have lessons on relationships and sex, during their PSHCE (Personal, Social, Health, Citizenship and Economic Education) lessons this term.

All PSHCE lessons at Moor House take place within the guidelines received from the Department for Education and the school's Sex and Relationships Education Policy, which has been approved by the governing body of the school.

This term PSHCE lessons for year nine intend to cover:

- Healthy and unhealthy relationships
- Consent in relationships
- Assertiveness / peer pressure
- Online safety and sexting
- Tackling relationship myths and expectations – including pornography
- Sexual harassment
- Gender identity
- Respecting difference (sexual orientation, gender diversity etc.)
- Sexuality
- Sexual intercourse
- Sex, sexual behaviours and the law
- Risks of unsafe sex (pregnancy, STIs)
- Contraception

Some students may also explore: the importance of informed consent, verbal signs of consent giving/withholding, sex and emotions/readiness for sex. Please note that it is possible that further content may be discussed if raised by students.

RSE teaching will include both heterosexual and Lesbian, Gay, Bisexual and Transgender (LGBT) relationships. Please see the PSHCE Curriculum Map (available on the school website) or contact your child's tutor if you would like further information regarding what will be taught.



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Your support and co-operation will be greatly appreciated, as it is very possible that your child may discuss some of the issues raised at school when at home with you. At Moor House, we always aim to answer students' questions as honestly and accurately as possible; it is important that parents/carers support us in this endeavour.

May I take this opportunity to remind you that you are legally entitled to withdraw your child from Sex Education lessons, unless it forms part of a National Curriculum Programme of Study. However, relationships education is statutory for all students. Should you wish to discuss this matter further, please contact me at your earliest convenience.

Yours sincerely,

**Natascha Fulford**

**Director of Learning for PSHCE, RE, history & geography**



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