



## Moor House School & College

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Dear Parent/ Carer,

Within Moor House School & College, the mental health and wellbeing of the students is of paramount importance. From time to time we may engage in 1:1 or group sessions to support the wellbeing of students. At present we are running transition groups to support the Year 12 students in their transition to college.

For this reason, your son/daughter has been invited to attend weekly group sessions for 6 weeks. Please be assured that groups such as these are not uncommon with students who attend Moor House and indeed nationally.

The groups are run by Nikki Miles, who is a trained Child and Adolescent Counsellor and is professionally registered with the British Association for Counsellors and Psychotherapists (MBACP). Nikki receives supervision and support from Stuart Lane, the Senior Mental Health Lead and Principal Integrative Child and Adolescent Psychotherapist at Moor House School & College.

If you require any additional information or have any questions please contact me at the above address.

Yours sincerely

Nikki Miles  
Child and Adolescent Counsellor Dip IATE, MBACP



Patron: HRH The Duchess of Edinburgh GCVO