



Moor House School & College

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22nd July 2022

Forest School 2022-23 for KS2, Year 7 and Year 8

Dear Parents and Carers,

I am excited to share with you that from September 2022, students in KS2, Year 7 and Year 8 will be attending Forest School sessions as part of their school timetable. Caroline Twomey, our qualified Forest School Lead, will be running these sessions in our newly developed Forest School area. When adding Forest School to the students' timetables, the Senior Management Team have ensured that students will still receive full coverage of all subjects in the curriculum. One-to-one therapy will continue to go ahead during Forest School sessions.

Each class in the year group will alternate between Forest School and another subject on a half termly basis throughout the academic year. We will provide you with more information nearer the time but thought it wise to notify you in advance in case you need to purchase any of the kit list on the next page.

Forest Schools offer a unique educational experience using an outdoor environment as a classroom. It is a student-centred learning process, that offers opportunities for holistic growth through regular sessions. It is a long-term program that supports play, exploration and supported risk taking. Activities can include team games, learning about nature, den-building, the use of hand tools, fire-lighting and much more.

It will be a fantastic opportunity for the students to experience the many benefits of Forest School including; increased confidence, social skills, communication, motivation, physical skills as well as knowledge and understanding of nature and the environment. For further information, including the risk assessment, please take a look at The Forest School Handbook on our school website.



Patron: HRH The Countess of Wessex GCVO



On the day of their session, **students will come to school in their school uniform** and change into their forest school clothes for the session. **Please ensure students bring the following clothing and footwear in a bag** on their Forest School days:

Cold Weather Clothing	Warm Weather Clothing	Wet Weather Clothing
Jumper	Long-sleeved t-shirt	Waterproof Jacket
Coat	Long trousers (Leggings/jogging bottoms/jeans)	Waterproof Trousers
Trousers	Socks	Walking boots / welly boots
Thick socks	Trainers / Walking boots	
Walking boots / welly boots	Sun hat / cap	
Woolly hat	Sun cream	
Scarf	Insect repellent	
Gloves		
Thermals		

Yours sincerely,

Mrs Enfield

Assistant Headteacher

