

# Menu for Week 4

<b>Menu for Week 4</b>						
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>Lunch Menu</b>	<b>Main</b>	Lamb Tagine	Cottage pie	Roast pork & Yorkshire pudding	Fish of the day	
	<b>Vegetarian</b>	Pasta with a creamy mushroom	Vegetarian sausage & caramelised onion	Thai vegetarian red curry	Egg & Chips	Packed Lunch Day
	<b>Salad</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	<b>Vegetables 1</b>	Diced turnip, swede & carrot	Sweetcorn	Broccoli	Peas	Choice of Wrap
	<b>Vegetables 2</b>	Peas	Baked beans	Carrots	Mushy peas	Sandwich or Roll
	<b>Potatoes / Rice / Pasta</b>	Steamed rice	Jacket potatoes	Roast potatoes	Chips	with Various
	<b>Dessert</b>	Treacle tart & custard	Lemon coconut sponge tray bake	Raspberry mousse	Fresh fruit salad & cream	Fillings
	<b>Supper Menu</b>	<b>Main</b>	Beef burger in a brioche bun	Teriyaki Chicken	Lasagne	Red Pesto chicken thighs
<b>Vegetarian</b>	Vegetable burger	Vegetarian noodles	Vegetable Lasagne	Vegetable Quiche	Crisps and Snack	
<b>Potato /Rice / Pasta</b>	Sweet potato fries	Rice & stir fry vegetables	Garlic bread	New potatoes		
<b>Salad</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar		
<b>Dessert</b>	Fresh fruit	Various yoghurts	Fresh fruit	Various yoghurts		

**Options with all meals: White or Brown Bread and Fresh Fruit**