

Menu for Week 1

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	Monday	Tuesday	Wednesday	Thursday	Friday	
Lunch Menu	Main	Chicken Katsu Curry	Spaghetti bolognese	Roast Turkey & yorkshire pudding	Fish & chips	
	Vegetarian	Vegetable samosa & mango chutney	Leek & potatoe bake	Mushroom provencale & rice	Egg & chips	Packed Lunch Day
	Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Vegetables 1	Whole green beans	Peas	Cauliflower	Peas	Choice of Wrap
	Vegetables 2	Sweetcorn	Garlic bread	Carrots	Mushy peas	Sandwich or Roll
	Potatoes / Rice / Pasta	Steamed rice	Spaghetti pasta & parmesan cheese	Roast Potatoes	Chips	with Various
	Dessert	Rhubarb & Apple crumble	Cheesecake	Lemon & Vanilla rice pudding	Natural yoghurt with sauce	Fillings
Supper Menu	Main	BBQ Beef tacos	Chicken goujons & garlic mayonnaise	Smoked sausage & red pepper pasta	Pizza	Served with fruit juice
	Vegetarian	Goats cheese & red onion ciabatta	Vegetable goujons	Roasted veg frittata	Vegetarian pizza	Crisps and Snack
	Potato /Rice / Pasta	Jacket wedges	Saute potatoes	Herby bread	Coleslaw & salad	
	Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Dessert	Fresh fruit	Various yoghurts	Water melon	Various yoghurts	

Options with all meals: White or Brown Bread and Fresh Fruit