

SRE Highlighted in yellow

To meet needs highlighted by SHAW data indicated with (SHAW)

Green = Health and Wellbeing (PSHCE Association theme)

Pink = Relationships (PSHCE Association theme)

Blue = Living in the wider world (PSHCE Association theme)

KS3 Curriculum Map: PSHCE

	Year 7	Year 8	Year 9
Autumn 1	<p>Secondary School and Me Transition to year 7</p> <ul style="list-style-type: none"> - My new school and what makes it special - Feelings about change (SHAW) - Who I can talk to if I have a problem (SHAW) <p>My identity</p> <ul style="list-style-type: none"> - My likes and dislikes - My strengths (self-esteem) - My family and friends - My goals (including job interests) 	<p>Healthy Lifestyles</p> <ul style="list-style-type: none"> • Healthy lifestyles (diet/lifestyle) • Personal hygiene (link to puberty) • Looking after our mental health (SHAW) • Resilience • Bullying and what to do (including online) 	<p>Healthy Lifestyles</p> <ul style="list-style-type: none"> • Healthy lifestyles • Body image and self-esteem (media influences) • Looking after our mental health/emotional regulation and resilience (SHAW) • (could include mental health problems / unhelpful ways of dealing with emotional distress if pertinent to group) • Managing change and loss
Autumn 2	<p>Being a Safe Individual and a Responsible Team Member (from KS2)</p> <ul style="list-style-type: none"> - Feeling well/feeling unwell - Preventing illness (handwashing, basic hygiene) - Medicines / dangers - Showing tolerance and respect for each other / staff - School rules and why they are important - Looking after the school environment 	<p>British Values and Human Rights</p> <ul style="list-style-type: none"> • What does it mean to be British? / British values • British laws and how they protect us • What is crime? • The role of the police • How diversity has enriched society • Discrimination and the consequences of anti-social behaviour 	<p>Careers</p> <ul style="list-style-type: none"> • Self-identity • My SLI • Jobs, careers and volunteering • Interviews • Enterprise and teamwork

Spring 1	<p>Friendships and Romance</p> <ul style="list-style-type: none"> - Being a good friend - Consent within friendship (seeking and giving/withholding) - Managing relationship difficulties and bullying (including online) - Romance – feelings and appropriate behaviours (Include LGBT) 	<p>Healthy Relationships</p> <ul style="list-style-type: none"> • Different relationships including LGBT • Attraction to another person and how to behave • Reading and responding to others' emotions • Healthy and unhealthy relationships • Romantic relationships and endings/rejection/loss 	<p>Healthy Relationships</p> <ul style="list-style-type: none"> • Consent in relationship • Assertiveness • The dangers of pornography • Online safety and sexting
Spring 2	<p>SRE</p> <ul style="list-style-type: none"> • Labelling private body parts • Puberty and how the body changes (link to emotions) • Appropriate and inappropriate touch • Revisit YR 6 – Where do babies come from? How are babies born? 	<p>SRE</p> <ul style="list-style-type: none"> • Rules about touch in school • The importance of consent • Sexual body parts • Sexual intercourse, touch and the law • Sexual behaviours (include LGBT) 	<p>SRE</p> <ul style="list-style-type: none"> • Sexuality • Sexual intercourse • Sex and the law • Feelings about sex (readiness) • Sexual violence/coercion (could include FGM if pertinent to group) • Risks of unsafe sex (pregnancy, STIs) • Contraception
Summer 1	<p>Money</p> <ul style="list-style-type: none"> - What is money? Why is it important? - Where does money come from? Pocket money, keeping money safe - Banks/opening a bank account - Possible Enterprise/Teamwork challenge 	<p>My learning, my money</p> <p>Who am I? Likes/dislikes, strengths and weaknesses.</p> <p>My learning behaviour including My SLI (what helps me to learn, basic study skills, could include alertness levels)</p> <p>Using money safely – saving and spending</p> <p>Personal budgets</p> <p>What are jobs? What jobs are there?</p>	<p>Sharing Different Views</p> <ul style="list-style-type: none"> • What are prejudices • Discrimination (incl age, gender) • The value of diversity • Respecting others' views • Democracy - voting • Extreme views
Summer 2	<p>Families and feelings</p> <ul style="list-style-type: none"> - Labelling emotions - Exploring family life (Include different family set-ups) - Experiencing loss <p>Revisit SRE</p>	<p>Risk and Safety</p> <ul style="list-style-type: none"> • Basic life-saving actions (calling 999, first aid) • Keeping safe in the community (stranger awareness etc) • Managing peer pressure • Health risks linked to smoking, alcohol and cannabis <p>Revisit SRE</p>	<p>At Risk Behaviour and Bullying</p> <ul style="list-style-type: none"> • At risk behaviours and the promotion by media (smoking, drugs and alcohol) • Bullying and other challenges due to disability • Peer pressure <p>Revisit Emotional regulation/looking after our mental health (SHAW)</p>

How to access help to be taught for each topic.

KS4 Curriculum Map: PSHCE

	Year 10	Year 11
Autumn 1	Looking after myself and managing my work <ul style="list-style-type: none"> The importance of KS4 Staying healthy (sleeping, eating, exercise) Well-being and coping with extra pressures (SHAW) Study skills 	Looking after myself and managing my work <ul style="list-style-type: none"> The importance of year 11 Well-being and coping with extra pressures (SHAW) Mental ill-health, tackling stigma Study skills Dealing with loss and bereavement
Autumn 2	The world of work <ul style="list-style-type: none"> Different jobs Jobs that I am interested in Challenging job stereotypes Skills for work Work experience 	Democracy in the UK/Preparing for work <ul style="list-style-type: none"> The electoral system The rule of law Writing a CV College applications
Spring 1	Relationships <ul style="list-style-type: none"> Tackling relationship myths and expectations Managing friendships and romantic relationships including break ups Consent Sexual intercourse and sexual behaviours Law and sexual contact Contraception and STI's 	Relationships <ul style="list-style-type: none"> Healthy and unhealthy relationships (including friendships vs gangs) Managing peer pressure in a college environment Coercion and exploitation within relationships (CSE, County lines) Sexting Contraception and STI's – communicating about contraception assertively
Spring 2	At Risk Behaviour <ul style="list-style-type: none"> The risks of smoking, alcohol, drugs Keeping safe when out First aid and life-saving actions 	At Risk Behaviour <ul style="list-style-type: none"> Online safety Online influence on self-esteem – including social networking sites Body image and the media Risk associated with cosmetic/aesthetic procedures
Summer 1	Planning the Future <ul style="list-style-type: none"> Budgeting Value for money Managing financial risk (loans, debt, gambling, avoiding being scammed) Enterprise project 	Expressing my opinions, respecting others <ul style="list-style-type: none"> Current affairs Expressing my views in a safe environment (Extremism) Respecting the opinions of others' Challenging Extremism and radicalization

Summer 2

- Work experience reflection
- Family Planning, pregnancy and parenthood
- Parenting skills
- Marriage and different partnerships including civil partnerships
- Gender identity
- Forced marriage and female genital mutilation
- Assertive communication in relationships