

Week 4 Menu, for Weeks Beginning 10/05/10, 07/06/10, 05/07/10

Breakfast items available every day

Cereals, Muesli, Yoghurt	Prunes / Grapefruit	Toast / preserves	Baked beans or boiled egg	Tea / coffee / fruit juice	Full cooked breakfast at weekends		
--------------------------	---------------------	-------------------	---------------------------	----------------------------	-----------------------------------	--	--

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
--	---------------	----------------	------------------	-----------------	---------------	-----------------	---------------

Lunch Menu

Main	Vienna schnitzel	turkey & ham pie made on the premises	Roast beef & Yorkshire pudding	Tandori chicken	Honey glazed ham	Chefs choice	Chefs choice
Vegetarian	Cauliflower cheese	Mushroom stroganoff	Roast pumpkin risotto	Vegetable roll	Baked egg in mushroom tart		As for Saturday
Fish	Hedgeriee		Smoked trout		Fried fillet cod	"	"
Salad	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	"	"
Vegetables 1	Roasted mixed vegetables	Butter beans	Fresh cabbage	Bean sprouts	Garden peas	"	"
Vegetables 2	Garden peas	Baby carrots	French beans	Macedoine of vegetables		"	"
Potatoes / rice / pasta	New potatoes	Jacket wedges	Roast potatoes	Savoury rice	Chipped potatoes	"	"
Dessert	Baked rice & sultana pudding	Lemon cheesecake	Jelly & cream	Fruit sponge & custard	Chocolate rice conde	"	"

Afternoon Menu

Options	Tea / coffee	Milkshakes	Fruit juice	Biscuits	Chefs choice	"	"
----------------	--------------	------------	-------------	----------	--------------	---	---

Supper Menu *

Sandwiches	Choice of fillings	Choice of fillings	Choice of fillings	Choice of fillings	Chef's choice	"	Choice of fillings"
Main	Quiche lorraine	Macaroni cheese	Hot dog in rolls	Sweet & sour stir fried pork	Chef's choice this depends on the number of students	As for Friday supper time	Quiche lorraine
Vegetarian	Sweet red onion tart	Stuffed peppers	Quorn dogs in rolls	Grilled halloumi	Chef's choice	"	Vegetarian quiche
Vegetables		Garlic bread	Fried onions	Noodles	Chef's choice	"	
Salad	Salad bar	Salad bar	Salad bar	Salad bar	Chef's choice	Salad bar	Salad bar
Dessert	Fruit cake	Selection of yogurts	Fresh fruit	Selection of yogurts	Chef's choice	Chefs choice	Fresh fruit

Available with every meal

Options	Brown bread	White bread	Fresh fruit
----------------	-------------	-------------	-------------

N.B. These menus are subject to change