

**Week 2 Menu, for Weeks Beginning 26/04/10, 24/05/10, 21/06/10, 19/07/10**

**breakfast items available every day**

Cereals, Muesli, Yoghurt	Prunes / Grapefruit	Toast / preserves	Baked beans or boiled egg	Tea / coffee / fruit juice	Full cooked breakfast at weekends		
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	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
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**Lunch Menu**

<b>Main</b>	Lamb hot pot	Savoury meat loaf	Roast leg of pork	Chicken curry & rice	Cornish pastie	Chefs choice	Chefs choice
<b>Vegetarian</b>	Vegetable hot pot	Carrot & coriander loaf	Gnocchi parisiene	ratatouille	Cheese/onion pastie	As for Friday supper	As for Saturday
<b>Fish</b>	Poached haddock		Smoked mackerel		Fried cod in batter	"	"
<b>Salad</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	"	
<b>Vegetables 1</b>	Macedoine of vegetables	broccoli	German style red cabbage	Sweetcorn		"	
<b>Vegetables 2</b>	Fresh cabbage	Purree swede	Vichy carrots	Whole green beans	Chipped potatoes	"	
<b>Potatoes / rice / pasta</b>	Fondant potatoes	Mashed potatoes	Roast potatoes	New potatoes	Garden peas	"	
<b>Dessert</b>	Apple turnover & custard	Fresh fruit salad	Semolina pudding	Jam sponge & custard	Pears & chocolate sauce	"	"

**Afternoon Menu**

<b>Options</b>	Tea / coffee	Milkshakes	Fruit juice	Biscuits	Chefs choice	"	"
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**Supper Menu \***

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<b>Sandwiches</b>	Choice of fillings	Choice of fillings	Choice of fillings	Choice of fillings	"	"	Chef's choice	"

<b>Main</b>	b.b.q quorn sausages	Orential stir fry	Baked jacket potatoes	b.l.t.	Chef choice	"	Beef lasagne					
<b>Vegetarian</b>	Vegetarian as above	Provencal e eggs	Vegetarian as above	c.l.t	"	"	Vegetable lasagne					

<b>Vegetables</b>	Homemade bread	Naan bread	Baked beans	Jacket wedges	Chef's choice	"	Garlic bread
<b>Salad</b>	Salad bar	Salad bar	Salad bar	Salad bar	Chef's choice	Salad bar	Salad bar
<b>Dessert</b>	Lemon cake slice	Yogurt various	Fresh fruit	Fruit jelly	Chef's choice		Fresh fruit

**Available with every meal**

<b>Options</b>	Brown bread	White bread	Fresh fruit
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**N.B. These menus are subject to change**