

**Week 1 Menu, for Weeks Beginning 19/04/10, 17/05/10, 14/06/10, 12/07/10**

**Breakfast items available every day**

| Cereals, Muesli, Yoghurt         | Prunes / Grapefruit         | Toast / preserves           | Baked beans or boiled egg | Tea / coffee / fruit juice | Full cooked breakfast at weekends                    |                           |                           |
|----------------------------------|-----------------------------|-----------------------------|---------------------------|----------------------------|--|---------------------------|---------------------------|
|                                  | Monday                      | Tuesday                     | Wednesday                 | Thursday                   | Friday   | Saturday                  | Sunday                    |
| <b>Lunch Menu</b>                |                             |                             |                           |                            |  |                           |                           |
| <b>Main</b>                      | Pan fried breast of chicken | Cottage pie                 | Sweet & sour pork         | Roast leg of lamb          | Mini grill   | Chefs choice              | Chefs choice              |
| <b>Vegetarian</b>                | Mushroom vol au vent        | Swiss style savoury pudding | Egg florentine            | Vegetable stir fry         | Stuffed peppers                                      |                           | As for Saturday           |
| <b>Fish</b>                      | Grilled tuna steak          |                             | Poached salmon fillet     |                            | Fried cod in batter                                  | "                         | "                         |
| <b>Salad</b>                     | Salad bar                   | Salad bar                   | Salad bar                 | Salad bar                  | Salad bar  | "                         | "                         |
| <b>Vegetables 1</b>              | Garden peas                 | Macedione                   | Bean sprouts              | Fresh cabbage              | Garden peas  | "                         | "                         |
| <b>Vegetables 2</b>              | Baby carrots                | cauliflower                 | Garden peas               | Honey glazed parsnips      |  | "                         | "                         |
| <b>Potatoes / rice / pasta</b>   | Duchess potatoes            | New potatoes                | Savoury rice              | Roast potatoes             | Chipped potatoes                                     | "                         | "                         |
| <b>Dessert</b>                   | St fruit sponge & custard   | Fresh melon slice           | Pineapple flan/cream      | Lemon cheesecake           | Danish pastry  | "                         | "                         |
| <b>Afternoon Menu</b>            |                             |                             |                           |                            |  |                           |                           |
| <b>Options</b>                   | Tea / coffee                | Milkshakes                  | Fruit juice               | Biscuits                   | Chefs choice   | "                         | "                         |
| <b>Supper Menu *</b>             |                             |                             |                           |                            |  |                           |                           |
| <b>Sandwiches</b>                | Choice of fillings          | Choice of fillings          | Choice of fillings        | Choice of fillings         | Chef's choice  | "                         | Choice of fillings"       |
| <b>Main</b>                      | Penne with ham/peas         | Welsh rarebit               | Homemade savoury rissoles | Somerset porkies           | Chef's choice this depends on the number of students | As for Friday supper time | Home made various pizza's |
| <b>Vegetarian</b>                | Penne with cheese           | Vegetarian as above         | Vegetarian as above       | Stuffed jacket potato      | Chef's choice  | "                         | As above                  |
| <b>Vegetables</b>                | Pitta bread                 | Baked beans                 | Fresh bread rolls         | Spaghetti hoops            | Chef's choice  | "                         |                           |
| <b>Salad</b>                     | Salad bar                   | Salad bar                   | Salad bar                 | Salad bar                  | Chef's choice  | Salad bar                 | Salad bar                 |
| <b>Dessert</b>                   | Fresh fruit                 | Genoa cake                  | yogurts                   | Fresh fruit                | Chef's choice  |                           | Fresh fruit               |
| <b>Available with every meal</b> |                             |                             |                           |                            |  |                           |                           |
| <b>Options</b>                   | Brown bread                 |                             | White bread               |                            |  | Fresh fruit               |                           |

**N.B. These menus are subject to change**